



# MARCH 2018

MarylandWIC  
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Need help with breastfeeding? WIC can help Call the breastfeeding support WARM Line @ 410-396-9427. Monday through Friday 8:30 am- 4:00 pm. (Baltimore City) For more information: Free prenatal /breastfeeding classes at your WIC clinic, call 410 396-9427. Prepare for baby!				1	2	3
4	5	6	7 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	8	9	10
11	12	13	14	15	16	17
18	19	20	21 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support	22	23	24
25	26	27	28	29	30	31



# APRIL 2018

**Maryland WIC**  
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Need help with breastfeeding? WIC can help Call the breastfeeding support WARM Line or make an appointment @ 410 396-9427. Monday through Friday, 8:30 am - 4:00 pm. (Baltimore City)</p> <p>For more information: Free prenatal /breastfeeding classes at your WIC clinic, call 410 396-9427. Prepare for baby!</p>						
1	2	3	4 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	5	6	7
8	9	10	11	12	13	14
15	16	17	18 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support.	19	20	21
22	23	24	25	26	27	28
29	30					



# MAY 2018

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Need help with breastfeeding? WIC can help Call the breastfeeding support WARM Line @ 410-396-9427. Monday through Friday 8:30 am- 4:00 pm. (Baltimore City) For more information: Free prenatal /breastfeeding classes at your WIC clinic, call 410 396-9427. Prepare for baby!</p>		1	2	3	4	5
6	7	8	<p>9 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support</p>	10	11	12
13	14	15	16	17	18	19
20	21	22	<p>23 Prenatal/Breastfeeding Classes, 11:30 am-12:30 pm. Held at all BCHD WIC locations. Free to all pregnant participants, dads and family support</p>	24	25	26
27	28	29	30	31		